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**Emily Nutter’s Work Day on the Farm and in the Mill**

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| **Times** | **Emily on the farm** | **Emily in the Mill** | **Your Day** |
| 4:00 a.m. |  | Get up and dressed. |  |
| 5:00 a.m. | Get up and dressed.Milk the cows in the barn. | Mill opens; work begins.Work at the spinning frame. |  |
| 6:00 a.m. |  |  |  |
| 7:00 a.m. | Eat breakfast.Feed the chickens. | Home for breakfast. |  |
| 8:00 a.m. |  | Back to the mill.Machines begin.Work at spinning frame. |  |
| 9:00 a.m. | Help mother make cheese from milk. |  |  |
| 10:00 a.m. | Make bread. While dough rises, spin yarn. Keep an eye on baby brother. |  |  |
| 11:00 a.m. |  |  |  |
| 12:00 p.m.. | Help mother prepare lunch. Eat lunch and feed baby. | Home for lunch. |  |
| 1:00 p.m. | Work in the garden.Gather vegetables. | Back to the mill.Machines begin.Work at the spinning frame. |  |
| 2:00 p.m. |  |  |  |
| 3:00 p.m. | Neighbor visits to trade wool for eggs. Spin while neighbor visits with mother. |  |  |
| 4:00 p.m. |  |  |  |
| 5:00 p.m. | Make stew from garden vegetables. |  |  |
| 6:00 p.m. | Milk cows again. Eat dinner. |  |  |
| 7:00 p.m. | Wash dishes. | Work ends. Mill closes. Go home. |  |
| 7:30 p.m. | Sew shirt while father reads the Bible to the family. | Eat supper. |  |
| 8:00 p.m. |  | Free time. |  |
| 9:00 p.m. | Go to bed. | Lights out. Go to bed. |  |

Source: "Change in the Making" from the Tsongas Industrial History Center Booklet

1. Compare Emily’s work day on the farm with her day in the mill. Which work day would you prefer, and why?

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2. Compare your work day with Emily’s. How has technology affected the kind of work you do? How has it affected the amount of free time that you have?

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3. Which schedule would you prefer? Why did you choose this schedule?

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